



Ca' Foscari  
University  
of Venice

**CUS**  
**VENEZIA**  
CENTRO UNIVERSITARIO SPORTIVO



**Ca' Foscari University of Venice**

Dorsoduro 3246  
30123 Venezia  
[www.unive.it](http://www.unive.it)

You can find Ca' Foscari also on



[www.radiocafoscari.it](http://www.radiocafoscari.it)  
is the University's web radio

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**[www.unive.it/cafoscarisport](http://www.unive.it/cafoscarisport)  
[sportnautici@unive.it](mailto:sportnautici@unive.it)  
[www.cusvenezia.it](http://www.cusvenezia.it)  
[info@unive.it](mailto:info@unive.it)**

## 2022-23 SPORTING ACTIVITIES

### ACTIVITIES AT CA' FOSCARI

Cultural Promotion Office in cooperation with IUAV University, CUS Venezia

### ROWING COURSES

Dragon Boat, Venetian Rowing, Kayaking, Rowing beginner courses; hikes and trips to the islands of the lagoon.

Facilities:

- Venice: 'Sacca San Biagio' rowing centre (Sacca Fisola)

### Dragon Boat, Venetian Rowing and Kayaking

Spring course (March, April), individual lessons

Autumn course (September, October), individual lessons

€2.50 per lesson

### Rowing

8-lesson spring course (March and April)

6-lesson autumn course (September)

€2.50 for the entire course

### COMPETITIVE ACTIVITIES AND SPORTING EVENTS

DRAGON BOAT: participation in National and

International Championships; University Championships

GALEON BOATING: University International Rowing

Challenge on the occasion of the Venice "Regata Storica"

**Contacts:** sportnautici@unive.it

### CLUBS

Chess club (scacchi@unive.it), meets at various Ca' Foscari venues

Running club (palestra@cusvenezia.it), training at CUS Venezia

Uni CleanUp Venice club, in collaboration with Sustainability Office

### CUS VENEZIA SPORTING ACTIVITIES

c/o UNIVERSITY SPORTS FACILITIES

(Dorsoduro, 2407 – 30123-Venice)

www.cusvenezia.it – info@cusvenezia.it /

palestra@cusvenezia.it – Tel. 041 5200144

OPEN DAY: September 2023

- Fitness Gym
- Judo, Ju Jitsu and self-defence courses
- HIIT (High Intensity Interval Training) courses
- Classical Pilates courses
- Zumba Courses
- Volleyball Courses
- Tennis Courses
- Calisthenics courses

### ACTIVITIES/COURSES TOGETHER with other Associations

**Swimming** (free swimming, swimming courses, aquagym, hydrobike and aquagag)

Swimming pools: Centro Polisportivo S. Alvise – Rari Nantes

Sacca San Biagio (Venice)

**Diving and freediving** (courses of various levels and certification)

Sub Rari Nantes Swimming Pool Sacca San Biagio

### Yoga (courses)

Jaya Yoga (S. Polo 2171 – Venice)

### Table Tennis (basic and agonistic)

Tennis Tavolo Venezia (Palasport G.B. Gianquinto – Venice)

### Kick Boxing Courses

Scorpio A.S.D. (Palasport G.B. Gianquinto – Venice)

### Figure Skating

A.S. Skating Mestre (Arcobaleno Skating Track – Mestre)

### San Giuliano Athletics Field (use of facilities)

### Men's 5-a-side and women's 7-a-side rugby

Venezia Rugby (Bacini Arsenale and 4 Fontane Lido rugby field)

### Bocce – Bowls (courses)

A.S.D. Mariano Cucco - Venice

### Snow walking (weekend or same-day)

### Winter Campus in Val di Zoldo

For registration and information, please contact the CUS Venezia secretariat Tel. 041.5200144 – [palestra@cusvenezia.it](mailto:palestra@cusvenezia.it) or sign up with the form downloadable at [www.cusvenezia.it/english/](http://www.cusvenezia.it/english/)

### COMPETITIVE ACTIVITIES WITH CUS VENEZIA:

#### C.N.U. - National University Championships

You can participate with the Venetian university team in:

#### Winter C.N.U.

- Giant Slalom and Slalom skiing

#### Spring C.N.U.

- Team sports: volleyball (m/f), 7-a-side rugby (m)
- Individual sports: athletics, tennis, judo, karate, taekwondo, wrestling, fencing, chess (new!), table tennis, canoeing, kayaking, rowing and boxing

#### Federal Competitive Activities

You can participate in federal activities with the following teams:

- Men's and women's athletics
- Men's and women's Judo
- Men's handball
- Men's and women's volleyball

#### Sporting events

Various sports events are organised throughout the year, such as:

- Department games with tournaments and multi-sport challenges
- University 5-a-side Football Tournament (m)
- University Sport Games - Alpine skiing

(The events are organised in collaboration with IUAV University and CUS Venezia)

#### Scholarships

Students regularly enrolled at Ca' Foscari can participate in the awarding of 'Bravi nello studio, bravi nello sport' scholarships for deserving students on the basis of both academic and sporting results.

**Join the university sports activities. Come row, run, ski, dance, sail, play volleyball, football, basketball, rugby, tennis... and above all, come and have fun with us!**  
**Erasmus students are welcome!**